Did you know?

Those with dental disease may have a harder time speaking and eating, experience lower self-esteem or increased social withdrawal.¹
Quick bites

If you or a loved one live with mental illness, pay close attention to your oral health routine:

• Maintain a good brushing and flossing routine at home.
• Keep up with regular dental visits.
• Talk to your dentist if you notice dry mouth or other oral health complications, and tell your dentist which medications you take.

Visit us online for more information on oral and overall health!